

# 2018\* IMPACT REPORT

RAPPAHANNOCK COUNCIL AGAINST SEXUAL ASSAULT (RCASA)   

## THE NEED



**EVERY 98 SECONDS**  
AN AMERICAN IS  
SEXUALLY ASSAULTED\*

**1 IN 5**  
WOMEN



**1 IN 71**  
MEN

WILL BE RAPED AT SOME POINT IN THEIR LIVES\*

RAPE COSTS THE UNITED STATES



**\$127 BILLION EVERY YEAR\***

**THIS IS MORE THAN ANY OTHER CRIME**

\*Retrieved from *Statistics About Sexual Violence* from the National Sexual Violence Resource Center. 2018. [www.nsvrc.org](http://www.nsvrc.org)

## OUR IMPACT

### PREVENTION & EDUCATION

It is never too early to **educate children** about the effects their words and actions have on others.



Workshops in area middle and high schools help students identify warning signs and risks of unhealthy relationships, as well as set goals for their own relationships.



**1390**

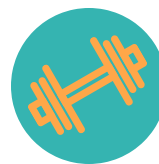
**SURVIVORS SERVED THROUGH OUR 24-HOUR CRISIS SERVICES AND OUR TRAUMA-INFORMED CLINICAL PROGRAM**

INDIVIDUAL AND GROUP COUNSELING PARTICIPANTS REPORT



**97%**

REDUCTION IN SYMPTOMS OF PTSD



**98%**

INCREASED POSITIVE COPING SKILLS & PERSONAL STRENGTHS

I have experienced every resource available to me at RCASA and they have been good experiences ... it was **'I'm going to help you figure out what you need.'** instead of 'I'm going to tell you what you need.' - RCASA Client

RCASA has provided **prevention education** programming to

**2398 STUDENTS**

in Fredericksburg, Spotsylvania, King George, Caroline, and Stafford.



Visit [www.rcasa.org](http://www.rcasa.org) for more information or to help support survivors of sexual violence. RCASA's mission is to provide support, treatment, and advocacy to persons whose lives have been affected by sexual violence and to reduce sexual violence in our community through education and awareness.

\*Data collected over fiscal year period July 1, 2017 through June 30, 2018.